

BONE BROTH CACAO

- 1 cup of bone broth
- 1/2 cup milk of choice
- 2 Tbsp raw cacao powder
- 1.5 Tbsp Lankanto monk fruit sweetener (golden)
- 1 scoop of collagen (optional)
- Whipped cream, cinnamon, nutmeg, allspice or any other spice you want to top it off

1. Combine all ingredients in a small sauce pan
2. Whisk over medium heat until combined and heated
3. Top with toppings and enjoy!

