1. Good Stuff Gypsy Cream (So many uses! Used in hospitals in Montana for newborns diaper rash. Ivelisse uses as her night moisturizer)
2. Dr Bronners Organic Lip Balm
3. Beauty Counter
4. Avalon Organics Lavender hand and body lotion
5. Sleep Salve (Ivelisse puts on the bottoms of her feet before bed www.mountainavenherbal.com)
6. Seventh Generation
7. doTerra’s Citrus Bliss Deodorant
8. Essential Oil Soy Candle (Local crafter in Ft. Collins makes to look like local mountain ranges in Colorado)
9. Dazzle Dry Nails (Nail Polish lasts 2-3 weeks without chipping! Fun colors too!)
10. Everyone Soap
11. Little Seed Farm organic deodorant cream
12. Wool Dryer Ball (Use instead of dryer sheets. You can place a drop or two of your favorite essential oil too!)
13. Ecos Dishwashing Liquid
14. Urel Aurum Lavender Rose Cream (Rub a little over your heart to relieve stress and during travel - www.urielpharamcy.com)
15. doTerra Therapeutic Grade Essential Oils
16. White Vinegar (3 parts vinegar to 1 part water for cleaning wood floors, carpet, counters, etc. Also use ¼ cup in laundry to remove odors from performance wear!)
17. Emminence Tinted Moisturizer with SPF 30
18. Boudler Cleaning Products
19. Coola Sunscreen

**Helpful Apps:**
EWG - Environmental Working Group - www.ewg.org
Think Dirty Shop Clean - www.thinkdirtyapp.com/