



# EWG'S GUIDE TO SAFER SUNSCREENS

 **CUT ALONG LINE**



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EWG's sunscreen database rates the safety and efficacy of sunscreens and other products with SPF. We recommend products that provide long lasting, broad spectrum protection, with ingredients that pose fewer health concerns.

### BE SAFE IN THE SUN THIS SUMMER



ewg.org/sunscreen

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INGREDIENTS

AVOID

Oxybenzone  
Vitamin A (retinyl palmitate)  
Added insect repellent

LOOK FOR

Zinc oxide  
Avobenzone

PRODUCTS

AVOID

Sprays  
Powders  
SPF above 50

LOOK FOR

Cream  
Broad - spectrum protection  
Water-resistant  
SPF to suit your needs, 15-50



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Want to know more? Visit [www.ewg.org/sunscreen](http://www.ewg.org/sunscreen)

### INSTRUCTIONS:

1. Cut along outside line.
2. Fold along middle line.

For more information visit **EWG.ORG/SUNSCREEN**